

# Soul Musicality

*Development and Mastery of the Soul*



CERTIFICATE OF SOUND AND MUSIC HEALING  
FOR THE 21<sup>ST</sup> CENTURY

*It is time to step into who we are*

*To remember who we are*

*All with gentleness and grace*

[www.soulmusicality.com](http://www.soulmusicality.com)

# Soul Musicality Course Structure

**Level I** 3 Modules (6 days)

**Level II** 3 Modules (6 days)

**Level III** 3 Modules (6 days) + 3 day Residential Retreat

## LEVEL I (no pre-requisite)

### Module 1 - The Ancient Earth Connection

Unconditional love, oneness, responsibility through sound, music & Aboriginal spirituality, being one with the land, your Soul and all there is.

### Module 2 - The Freedom of your Voice

Intent, toning, breath techniques, vocal health, chakras, principles of holistic health.

### Module 3 - The Sound of Colour I

Qualities of colour, & the relationship of Colour to Sound & Music healing. Opening to your creativity.

*Each participant is to have their own instrument after completing Level I. It is important to have the instrument that your Soul calls. Instruments will be played intuitively, but practice time will be needed to connect and become comfortable with the instrument.*

*A 3 day Dreamharp Instrument Making Workshop will be offered to the group as an optional extra to the course.*



## LEVEL II (pre-requisite Level I completion)

### Module 4 - Sacred Harmonics of Sound

Overtone, harmonics, chants and mantras, droning, pitch & frequency, loudness & intensity, timbre, wave forms, instrument families and types, listening techniques.

### Module 5 - The Sound of Colour II

Colour healing techniques as a higher vibrational tool with sound & music healing. Incorporating crystals and flowers. Creating a sacred healing space.

### Module 6 - Elements of Music and Sound Healing

Movement, rhythm, entrainment, rhythms of the human body, heartbeat, breath cycle, brain waves, pitch, rhythmic modes, moods and meters, rhythm and behaviour.

*Each participant will be required to have their own hoop drum after completion of Level II. A Drum making workshop will be offered for the group to make a drum together as an optional extra to the course.*



## LEVEL III (pre-requisite Level II completion)

### Module 7 - Sounding your Soul

Liquid light, receiving and giving at a deeper level, connection with other realms to enhance healing.

### Module 8 - Sacred Geometry of Sound & Music

Cymatics, divine proportion, basic structures in music, melody, scales, modes and ragas, tunings and temperaments, moods and shapes of harmony, intervals and mood, visualisation and imagery through music, the music of your name, numerology.

### Module 9 - Sacred Healing Silks

Creating your own unique sacred healing silks for use in healing sessions. Using sound and music, you will be guided to connect with the energies of the elements, the Divine and your soul essence to produce unique sacred healing silks as a powerful tool for use in sessions. No artistic experience required.

### 3 day Retreat - Sound of Silence – The Retreat of Stillness

Finding stillness and peace within through sound, meditation and solace. Being one with the Divine, your ancient knowledge and wisdom. Connecting with nature with the ancient ones deep within the earth and deep within our hearts. To just be in solace and solitude aligned with peace and knowing that you are one and always supported through all times. This is the way of the light and of the future.



## ADDITIONAL/OPTIONAL WORKSHOPS

**Additional workshops are offered as optional extras to enhance and deepen knowledge of this therapy.**

- Mandalas and Sound — Revealing the inner landscape with Sound, Colour & Music.
- Labyrinths and Sound — Sounding and walking the journey within.
- Healing with Sound and Water — Water, dolphins and sound. Become the flow of life. (1 day in aqua healing pool, 1 day dolphin swim)
- Archangel Workshop
- Opening up to your Creativity — Opening up to expansiveness and creativity and freeing resistance.

## Course Creator & Facilitator

### Christine Morrison

Musical Alchemist  
Sound Healer, Musician, Composer  
B.Ed A.Mus.A(piano)

Christine Morrison is a unique Australian. She composes music specifically to soothe the Soul, and conducts workshops, individual sessions and concerts internationally.

Christine was guided to work with sound, music and colour when she was diagnosed with an illness

in 1996. Remembering how to use sound and music played an enormous part in her recovery and a discovering of her purpose. Her workshops and CD's now help other people regain their own health, energy and enthusiasm for life.

This workshop is offered internationally. Please contact Christine to have this course facilitated in your area.

For more info see: [www.christinemorrison.com](http://www.christinemorrison.com)

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# Soul Musicality

## *Development and Mastery of the Soul*

### CERTIFICATE OF SOUND AND MUSIC HEALING FOR THE 21<sup>ST</sup> CENTURY

The Soul Musicality course provides a gentle but powerful healing journey of the soul through Sound, Colour and Music. It teaches Sound, Colour & Music Healing techniques to use as a therapy or to complement and enhance any modality.

The course has three levels and contains a total of 9 Modules. Each level represents raising one's vibrations to a higher level, with an increased depth of knowledge and wisdom.

By completion of the course, each participant will have the opportunity to make their own instrument, drum and healing silk.

Musical experience and knowledge are not required, just a yearning to connect with your Heart and Soul, and to live the life you came here for.

#### **This course is for people who:**

- want to learn a new modality for the 21<sup>st</sup> Century
- are looking for another high vibrational modality to complement their current therapy
- are drawn to sound, colour and music, and wish to remember their knowledge
- wish to connect deeply with their Soul, so as to speak their truth with love, be empowered, and walk their path with integrity
- yearn to discover easy techniques for healing self, friends and family
- wish to live a peaceful and authentic life
- are here to heal humanity.

#### **You will gain knowledge regarding:**

- principles of healing
- elements of Sound, Colour and Music healing, and how to put these into practice
- how to make your own healing Dreamharp (lyre) and Hoop Drum
- how to create your own sacred healing silks.

#### **The course is designed to:**

- teach you Sound, Colour and Music healing techniques
- develop your own unique way of working with Sound, Music and Colour
- develop your intuitive skills
- complement any healing modality
- help you discover your soul's desire and purpose
- develop your unique talents
- empower you through the exploration and discovery of your own innate wisdom.

*If you have an interest in this modality, it is possible you have a cellular memory of working this way before. Entering this course, you will be re-activating the cellular memory deep within you and your ancient knowledge will gently unfold and reveal your true potential, blossoming like a white lotus from your heart, unfurling your talents and gifts to the world.*

*This is your unique opportunity.*

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